



Women's Self Defense Classes January 30, 2010

Shaun Hansen, 3rd Degree Black belt in Shorinryu Shorinkan Karate of Okinawan Karate-do will be hosting a women's self defense class Saturday, January 30, 2010. This class will cover life saving self-defense and awareness techniques that anyone can perform.

Times:

11:00am-2:00pm

Location:

313 Wright Brothers Ave Livermore CA 94551

Cost

\$25.00/per student

Age:

14 or freshman in High School and Up.

Please Contact Shaun Hansen

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OR

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